

Integrated Pain Services Limited

Company number **13941514**

Unit 16 Eastway Business Village Olivers Place, Fulwood, Preston, Lancashire, United Kingdom, PR2 9WT

Email: Integratedpainservices@outlook.com

Date: 12th February 2026

Carbon Footprint Reduction Plan & Net Zero Plan

Integrated Pain Services Limited is committed to achieving Net Zero greenhouse gas emissions by 2050, in line with UK Government targets. We recognise our responsibility to reduce the environmental impact of our healthcare services and are committed to embedding sustainable practices within our operations.

Baseline Emissions:

This baseline has been calculated using current operational activity data and recognised greenhouse gas conversion factors. The reporting period reflects a typical operational year based on 45 working weeks. Integrated Pain Services Limited operates as a healthcare services provider with no company owned or leased offices. Business travel to NHS sites representing the primary source of carbon emissions.

Scope 1 – 0.00 tCO₂e:

Integrated Pain Services Limited reports zero Scope 1 emissions because the company does not own or operate premises, company-owned vehicles, boilers, generators or other equipment that directly combusts fossil fuels. IPS delivers its clinical services primarily from NHS premises using facilities provided and controlled by the relevant NHS organisation. Accordingly, during the 2025/26 reporting period, IPS had no identified direct greenhouse gas emissions from sources owned or controlled by the company.

Scope 2 – 0.00 tCO₂e:

Integrated Pain Services Limited reports zero Scope 2 emissions because the company does not own or lease operational office or clinical premises and does not purchase electricity, heating, steam or cooling for such premises. Clinical activity is undertaken primarily within NHS-controlled facilities, with the energy consumption associated with those premises falling outside IPS's purchased-energy emissions. IPS therefore had no identified purchased-energy Scope 2 emissions during the 2025/26 reporting period.

Scope 3:

IPS's principal identified operational carbon emissions arise from business travel to NHS sites. These emissions have therefore been reported under Scope 3 and amount to 2.85 tCO₂e for the 2025/26 baseline year.

Baseline Carbon Footprint (2025/26)

Emissions source	Scope	Calculated emissions
Direct emissions	Scope 1	0.00 tCO ₂ e
Purchased energy	Scope 2	0.00 tCO ₂ e
Business travel	Scope 3	2.85 tCO ₂ e

Carbon Reduction Strategy

Integrated Pain Services Limited aims to reduce emissions through a combination of operational improvements and investment in lower-carbon transport.

A key commitment is the transition of clinician travel arrangements from conventional vehicles to electric vehicles from 2027. This change will significantly reduce emissions associated with travel to NHS sites and will represent the main carbon reduction initiative within our current operations.

Planned Emissions Reduction

Year	Estimated Emissions	Key actions
2025/26	2.85 tCO ₂ e	Baseline year established
2027	0.50–0.80 tCO ₂ e	Transition both clinicians to electric vehicles
2030	≤0.50 tCO ₂ e	Continued EV use and travel optimisation
2040	Further reductions	Review technology and service delivery models
2050	Net Zero	Eliminate or balance remaining emissions

Additional Carbon Reduction Measures:

Alongside the transition to electric vehicles, Integrated Pain Services Limited will:

- Continue to provide remote consultations where clinically appropriate.
- Plan clinical visits efficiently to minimise unnecessary journeys.
- Use digital platforms for all meetings and administrative activities.
- Monitor travel patterns annually to identify further reduction opportunities.
- Encourage sustainable working practices among staff.
- Review emerging technologies that support low-carbon healthcare delivery.

Monitoring and Review

The Company will review its carbon footprint annually and update emissions calculations as operational data becomes available. Progress will be monitored against the reduction commitments outlined in this plan.

Responsibility for implementing and reviewing this Carbon Reduction Plan rests with the Directors of Integrated Pain Services Limited.

Declaration

Integrated Pain Services Limited confirms that this Carbon Reduction Plan reflects our current operational activities, carbon baseline and commitment to reducing emissions while continuing to provide safe, effective and sustainable healthcare services.

Date of next review – 12th February 2027

Signed:

P.R.Desai

Dr Parag R Desai (Director)

KKMishra

Dr Kaushal K Mishra (Director)